

**Thursday, July 10**

- Free Community Seminar: A Brief Introduction to Colon Diverticulitis - 5:30pm

**Saturday, July 12**

- Breastfeeding Basics - 10:00am

**Saturday, July 19**

- Childbirth Education Class - 8:30am

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**Free Community Seminar: A Brief Introduction to Colon Diverticulitis**

**Time:** 5:30pm



The poster features the MMC logo and 'Memorial Medical Center' text in the top right. The main title 'MMC COMMUNITY Seminar Series' is prominently displayed, with 'FREE' in a starburst. Below the title is a graphic of a human torso showing the large intestine in pink, with a glowing yellow area indicating inflammation. To the right of the graphic, a blue box contains the title 'A Brief Introduction to Colon Diverticulitis', a photo of Luis A. Santiago, MD, and his credentials. At the bottom, the location 'Memorial Medical Center Conference Rooms West Side Of The Hospital (Annex)' is listed, followed by the date and time 'THURSDAY JULY 10TH, 2025 | MEAL AT 5:30 PM PROGRAM AT 6 PM'. A QR code and contact information for RSVP are at the bottom.

**MMC COMMUNITY Seminar Series**

**A Brief Introduction to Colon Diverticulitis**

**Luis A. Santiago, MD**  
Bilingual General Surgeon

**Memorial Medical Center Conference Rooms**  
West Side Of The Hospital (Annex)

**THURSDAY JULY 10TH, 2025 | MEAL AT 5:30 PM PROGRAM AT 6 PM**

RSVP by scanning the code or calling 575.521.5462

You're invited to our next community seminar held in the MMC Annex Conference Rooms (located on the west side of the hospital campus). This event is free and open to all community members. Diverticulitis is a gastrointestinal disease characterized by inflammation of abnormal pouches — diverticula — that can develop in the wall of the large intestine.

A meal will be served at approximately 5:30 p.m., with the program to follow at 6 p.m. Attendees will hear from bilingual General Surgeon Luis A. Santiago, MD.

[RSVP here.](#)

### Breastfeeding Basics

**Time:** 10:00am



**Registration is required!**

[Register on Eventbrite](#)

Topics that will be covered during class:

- Why breastfeeding is an Important Choice
- Understanding Milk Production
- Human Milk vs. Formula
- What to Expect When You Deliver
- Breastfeeding How-To
- Common Concerns

### Childbirth Education Class

**Time:** 8:30am

This class includes basic childbirth education and what to expect during your birthing experience at Memorial Medical Center.

This class is held in the MMC Annex.

Topics will include:

- Pre-labor signs & Onset of Labor
- Coaches are vital! How to be a good coach.
- Non-interventional labor
- Pain management options (Analgesics, Epidural)
- Breakdown of Early Labor, Active Labor, Transition & Pushing with comfort options for each
- What is Induction?
- Cesarean Section
- The Skin to Skin Advantage
- Postpartum Care

- Breastfeeding Basic Overview
- Introduction to Newborns
- Tour of labor room & postpartum room