

Saturday, September 18

- Breastfeeding Basics (virtual) - 10:00am
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Breastfeeding Basics (virtual)

Time: 10:00am

Registration is required on [Eventbrite](#).

Topics that will be covered during class:

- Why breastfeeding is an Important Choice
- Understanding Milk Production
- Human Milk vs. Formula
- What to Expect When You Deliver
- Breastfeeding How-To
- Common Concerns