

Saturday, June 7

- Breastfeeding Basics 10:00am
- 2025 National Cancer Survivors Day Celebration 10:00am

Saturday, June 28

• Childbirth Education Class - 8:30am

Breastfeeding Basics

Time: 10:00am



Registration is required!

Register on Eventbrite

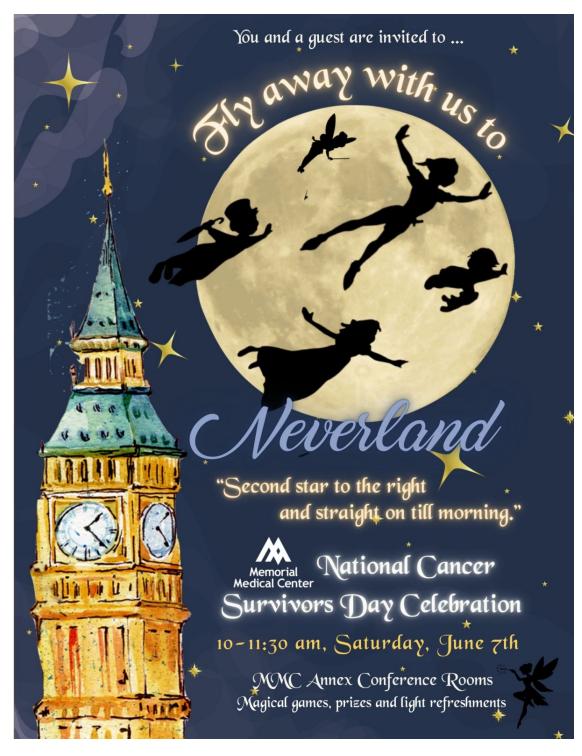
Topics that will be covered during class:

- Why breastfeeding is an Important Choice
- Understanding Milk Production
- Human Milk vs. Formula
- What to Expect When You Deliver
- · Breastfeeding How-To
- Common Concerns

2025 National Cancer Survivors Day Celebration

Time: 10:00am





Fly away with us to Neverland!

Anyone who has cancer or who has had a cancer diagnosis in the past is invited to our 2025 National Cancer Survivors Day Celebration. This fun, Peter Pan-themed event will be held in the Memorial Medical Center Annex Conference Rooms (west side of the hospital campus).

You and a guest are invited to enjoy magical games, prizes and light refreshments.



No need to RSVP! Just follow the second star to the right and straight on 'till morning!

Childbirth Education Class

Time: 8:30am

This class includes basic childbirth education and what to expect during your birthing experience at Memorial Medical Center.

This class is held in the MMC Annex.

Topics will include:

- Pre-labor signs & Onset of Labor
- Coaches are vital! How to be a good coach.
- Non-interventional labor
- Pain management options (Analgesics, Epidural)
- Breakdown of Early Labor, Active Labor, Transition & Pushing with comfort options for each
- What is Induction?
- Cesarean Section
- The Skin to Skin Advantage
- Postpartum Care
- Breastfeeding Basic Overview
- Introduction to Newborns
- Tour of labor room & postpartum room