

Resident of the Month

Brian Lam, MD

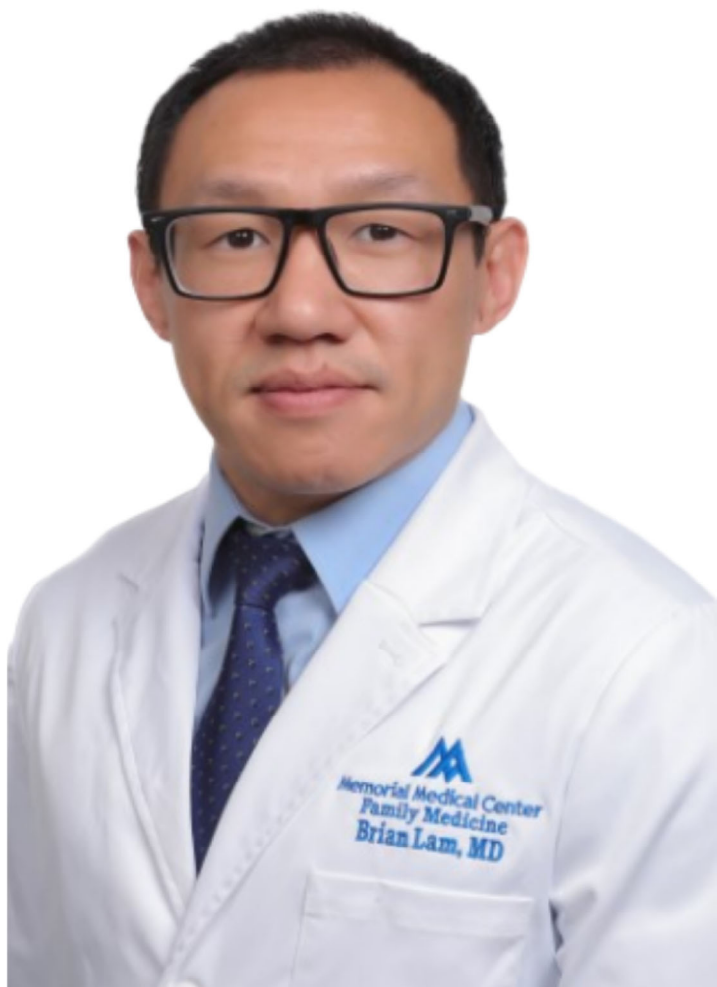
PGY3

Throughout his residency training, Dr. Lam has excelled in the areas of medical knowledge, patient care, and practice-based learning and improvement. For example, during his recent time as an FMS senior on nights, he provided valuable feedback and guidance to his intern. He also made wise clinical decisions regarding patient care. Furthermore, he was open to feedback from the day attending on how to help the night team function at a higher level. He was also highly thoughtful in providing feedback to the attending on how to maximize learning and growth for his interns. Finally, he has been gracious in providing care for patients in clinic who were medically complex, yet unable to obtain an appointment with their usual primary care provider.

Dr. Brian Lam is from Brooklyn, New York, known for his exceptional dedication to his profession and his broad array of personal interests. Dr. Lam graduated from the American University of Antigua College of Medicine and has since embarked on a life-long journey of learning as a physician resident here in Las Cruces, NM.

Aside from his professional pursuits, Dr. Lam is an avid snowboarder, often found carving down the slopes during the winter season. His love for adventure and physical fitness also extends to martial arts, where he hones his discipline, stamina, and focus. When not on the mountainside or in the training room, Dr. Lam enjoys winding down with a good movie. His diverse taste in films matches his multifaceted personality, highlighting his appreciation for different perspectives and narratives.

In both his professional and personal life, Dr. Lam embodies a balance of hard work, continuous learning, and the pursuit of passions, making him a respected figure in his field and community.



Resident of the Month

Isabelo Sicsic, MD

PGY2

During his resident training, Dr. Sicsic has excelled in almost all of his developmental milestones. For example, during his recent rotation as an OB senior, he evaluated triage patients, managed laboring patients and took care of postpartum patients on a busy OB service. While doing so, he still found some time to assist a new intern on the Pediatrics service with navigating the complex systems required for newborn care on labor and delivery. In addition, he was observed to regularly engage in teaching and providing feedback to interns using the ADAPT model. Besides excelling in these areas of patient care, he also impressed both the attendings and community partners with his insightful questions, journal entries and discussion points during his recent Border Health rotation.

Dr. Isabelo Sicsic Jr. (Iz) was born in the Philippines and immigrated to the United States at a young age. Having grown up in Miami and having been exposed to diverse cultures and life experiences, he appreciates perspectives that are global and holistic in nature.

Not unlike other inspired visionaries, he reflects on his journey as the conglomeration of multi-generational dreams, community aspirations, intrinsic motivation, universal alignment, and resilience.

Dr. Sicsic's educational background include a Bachelor of Science degree in nursing from the University of Miami School of Nursing, a master's degree in public health from West Coast University, and a medical degree from the Cebu Doctors' University College of Medicine. Additionally, he has earned Lean Six Sigma Certification showcasing his interest in quality and process improvement measures.

He seeks to create a niche that intertwines his background in medicine, public health, nursing, and process improvement endeavors.

His interests include music, medical missions, travel, hiking, religious studies, fitness, various cuisines, and nonprofit work, where he continues to be involved with a Miami based 501(c)3 approved organization.



Resident of the Month

Luv Patel, MD

PGY1

Although early in his training at the Southern New Mexico Family Medicine residency program, Dr. Patel has already impressed in the areas of medical knowledge and patient care. During his recent rotation on FMS nights, he was able to effectively gather data from patients via history taking, perform a thorough physical exam and present patients in an organized way. He also exhibited sound clinical reasoning and judgement when presenting his assessment and plan. In particular, he was able to successfully evaluate a newborn being readmitted for high bilirubin levels, determining that the newborn had no blood type incompatibility with his mother, and that his high bilirubin was likely due to inadequate intake of breastmilk in the setting of excessive weight loss since birth.

I am from Texas. My hometown is San Antonio, I did my undergraduate education in Dallas at UTD, and my medical school training in El Paso. I have loved my experience growing up in Texas. The people are kind and appreciative. The food is excellent.

My future goals in family medicine are in the outpatient setting. I want to improve the overall health of the community and make sure appropriate services are available and used.

I have a myriad of hobbies and interests. I am a sports guy at heart. I love basketball and football. I now try to run every day, and the nearby park is a great place to pace through. Additionally, I play chess and occasionally go to the theatre to watch movies. I feel Las Cruces and Memorial Medical Center have been quite welcoming to both my personal interests and my long-term professional goals.

