

MEMORIAL MEDICAL CENTER
DEPARTMENT of NUCLEAR MEDICINE

**GA-68 PMSA ILLUCIX PATIENT PREPARATION AND INFORMATION
SHEET**

Day: _____ **Date:** _____ **Time:** _____

Please arrive at least 30 minutes before your appointment

***Please note:**

Food, diet, clothing, medication and lifestyle choices can affect the results of your PET/CT scan.

These instructions will help you make the necessary adjustments so that your scan can be completed as scheduled and at the highest quality.

Preparation for your scan

Day before your scan (extremely important to the exam):

- Eat as you normally would, there are no diet restrictions
- Drink 6-8 glasses of water 24 hours prior to your appointment so that you are well hydrated for your exam
- Take medications as you normally would

Day of your scan (extremely important to the exam):

- Do not eat 4 hours before your exam
- Drink 3-4 glasses of water 2-4 hours prior to your appointment so that you are well hydrated for your exam
- Take medications as you normally would
- Bring as few items as possible (leave all your jewelry at home)
- Wear warm, comfortable metal-free clothing like sweats (no jeans, belts, metal on clothing)
- Bring a list of medications and your insurance card.

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Your scan will take approximately 2-3 hours to perform depending on the type of exam ordered.

You will receive a small dose of a radioactive agent and be asked to rest quietly for about one hour. This allows time for the radioactive agent to localize throughout your body.

The scan itself will take approximately 25 to 45 minutes depending on your body type. There are no anticipated side effects from radioactive glucose, and you should continue drinking fluids after the scan to help flush the radioactive material from the body. You will be able to return to normal duties after the scan.

- Family members will not be allowed in the scanning room.
- **Camera table weight limit: 350 lbs.**

A specialized and costly radioactive diagnostic agent is specifically formulated and ordered prior to your appointment. If for any reason you cannot keep your appointment, please call the scheduling at least 48 hours/2 days prior to your exam so we can cancel your radioactive dose.