













Week 3



Memorial Medical Center

|  | | Monday 8-Dec | Tuesday 9-Dec | Wednesday 10-Dec | Thursday 11-Dec | Friday 12-Dec |
|---|---|---|---|--|---|---|
| | |  |  |  |  |  |
|  | | breakfast burritos | pancake | chorizo burrito | jumbo cinnamon rolls | bacon & egg burrito |
|  | Entrées | Stuffed Green chile Chicken | Red Cheese Enchilada | Grilled N.Y Steak | Chicken Parmesan with fresh Mozzarella | Beef Chimichanga wwith shredded beef and cheese |
| | | Stuffed Bell Peppers with ground beef and tomato sauce | Green chile Cheese Enchiladas | BBQ Baby back ribs | 1) Meatless spaghetti 2) Spaghetti with meat sauce | 1) Beef Taquitos 2) Pork Tamales |
| | | Cajun Catfish with assorted peppers and onions | Shrimp Fajitia with peppers and onions | Popcorn Shrimp | Spinach Ravoili with a creamy Alfredo sauce | Build your own Nacho's |
| | Vegetables | Stuffed bell peppers with beyond beef and quinoa | Roasted Lemon peppered Zuchini with cherry tomatoes | Fresh steamed Broccoli | Vegetable Medley | Cumin roasted Squash |
| | | Corn Succotash | | Fried Onion rings | Fried Zucchini | Red sauce Green sauce sauce Cheese sauce |
| | Starch | Rice Pilaf | Green Chile Rice | Bake Potato bar | Garlic bread | Frijoles Charros |
| | | | Tradational Pinto beans | Chili, cheese, green onions, butter | Cilantro lime rice | Tex-mex Rice |
| |  | | cheeseburger | crispy chicken sandwich | chicken tenders | crispy chicken sandwich |
|  | | closed | closed | closed | closed | closed |
|  | | Chicken Noodle soup | Albondigas Soup | Cream of mushroom soup | Tomato Bisque Soup | Menudo Soup |
|  | | German choclote Cake | Chocolate Tres Leches | Carrot Cake | Blackberry cobbler | Assorted Desserts |

Menu items are subject to change without notice due to product availability