

# Memorial

February 5, 2019

## MINUTE

John Harris, CEO



### Same Day/Next Day/Walk In Primary Care and Internal Medicine

Did you know that you can be seen right away at most of Memorial's Family Care and Internal Medicine practices, even if you're a new patient? That's right, Memorial has added many new Physicians and Family Medicine Nurse Practitioners to our expanding care team so you can be seen when, and where, it's most convenient. Walk-ins are welcome at **Memorial Internal Medicine-Telshor** and **Memorial Family Medicine** (both on the hospital campus) as well as **Picacho Family HealthCare** (3030 West Picacho, on the side of Citizen's Bank). Same day and next day appointments can be made most of the time at our other primary care centers including: **Sonoma Family HealthCare** (Sonoma at Hwy 70), **Solano Family HealthCare** (1205 S. Solano, Dr. Castrejon and Caroline Barrett), and **Memorial Internal Medicine-Mall Drive** (Dr. Pavia). Of course, walk-ins are always welcome at **Memorial Urgent Care** on Sonoma Ranch at Hwy 70 – where the hours are 8AM-11PM Monday through Saturday, and 8AM-6PM on Sundays and out-of-pocket costs are much less than many other Urgent Care centers in the area. If you would like more detail about the practitioners and practices, go to [MemorialPhysicianPractices.com](http://MemorialPhysicianPractices.com), or call 800-424-DOCS to find the provider that's just right for you.

*Quality  
Care  
When and  
Where  
You Want It*

### Plan to Attend our FREE Annual SweetHEART Expo on February 7th



**Please RSVP at  
800-424-DOCS**

Make plans to attend one of our most popular events of the year, our annual SweetHEART Expo in the Memorial Medical Center West Annex on Thursday, February 7 from 5:30-7:00 PM. You'll hear presentations from our Heart Team, participate in Q&A with our specialists, and pick up giveaways and information while enjoying some heart-healthy food and refreshments.

**SweetHEART Calcium Scoring Special – Only \$99.\***

*\*Appointments must be made with Memorial Imaging at 521-5270 between February 7 and March 31, 2019 in order to get this special pricing.*

### Run With Memorial at Run With Your Doc on 2/25/2019

Memorial has proudly supported Run With Your Doc, a fundraiser for Amador Health Center, (formerly St. Luke's) for the past several years. This year, Memorial has put together a team and we are encouraging anybody and everybody to run with the Memorial Team and some of our Memorial Docs in any of the distances. To register for to race with the Memorial Team go to this link and select the MMC team:

<https://raceadventuresunlimited.com/Run-With-Your-Doc-10K-5K-1-Mile-RunWalk>

*Dr. Prasad Podila, Memorial Chairman of the Board, crosses the finish line at the Run With Your Doc 10K while Dr. Jean-Pierre Reinhold looks on.*



**Mission**  
Making  
Communities  
Healthier

**Vision**  
To be a place where: People choose to come  
for healthcare; Physicians want to practice;  
and Employees want to work.

  
**Memorial  
Medical Center**